

## CLIMACTIC YEARS -- DO YOU KNOW WHAT THEY ARE?

I find it interesting to realize that not everything is up to us, meaning dependent on our will, as in: either I will or I won't. Yes, I believe we can always force things, but that takes energy and effort and can carry a penalty. Energy wanes in time.

I first came across this principle back in my early and mid-20s, where it was clear to me how much depended on our will, as in "I will do this" and "I will do that." It was only after I finished my first Saturn Return (29.4 years) or as my first dharma teacher used to say. "Michael, at what degree does ice melt?" and "How old was Christ when he died on the cross?" and I then surmised "Never trust anyone over 30 years of age."

The way my first dharma teacher, a traveling Rosicrucian initiator, taught it to me was as follows: In the first 30 years (1 to 30 years) of our life (1<sup>st</sup> Saturn Return) we spend building our vehicle-body or spaceship, after which around 30 years of age we are launched into orbit. It is as complete as it is going to be, physically.

In the second 30 years (30 to 60 years) of our life (2<sup>nd</sup> Saturn Return) after we go into orbit in our vehicle, it cannot be worked on any longer and in that 30 years we spend repairing the damage we made being launched into space (getting out of our body and what the Christians call "being born again"), and in the 3<sup>rd</sup> 30 years (60 to 90 years), if we live that long, we become an actual co-creator with the life force. That last statement is the one people seem not to be familiar with, so consider it very carefully.

These words run deep, so if you toss them off, that is your business. In my life, and with my training, I was taught about this principle very carefully. My teacher saw that I experienced my first Saturn Return wide-awake and with my eyes open. I went through that first Saturn Return fully (and before my 30<sup>th</sup> year) conscious as to what was happening to me and I witnessed this divine transition personally, what is called a climactic event.

This took training, as most folks sleep through it and only

wake up to its purport later in life, often quite some time after the age of thirty, if ever. As mentioned above, this is called by Christians “being born again,” but of course this event is as old as time and belongs to all people and all faiths. Christians just made a big deal of it, which well they should.

Those first two Saturn cycles (culminating at year 60) and their meaning are clear enough. You should be able to work that out on your own, but that 3<sup>rd</sup> Saturn Cycle (years 60 to 90) could stand some commentary, so here goes.

And this concept ties in nicely (and directly) with my own recent comments about learning to stop forcing thought and to instead, as we grow older, allow thoughts to come as they will and not at our bidding or demand. The idea is that as we age we allow thoughts to arise naturally and come up through the mind (and through us), we have the opportunity to help shape the form of thoughts and the life they represent. That is news.

As my teacher Andrew McIver said, we can (if we are open) become co-creators of the universe, allowing ourselves to align with the forces of life and (like the fronds of seaweed in the current of the sea) work to shape what is and what will be.

I have no way to prove this to you or wish to for that matter. As the Tibetans say, a single word or even a single syllable or sign is enough to direct and to awaken someone who is not in too deep a sleep. Let those who can hear the sound or see the sign act on it. I had to work hard for these concepts myself. They are subtle.

If you can move with the music and dance of life, those of us who are older can be of good use, both to ourselves, others, and the world. All we have to do is to relax, let go, and flow with the creative forces. Perhaps the Christians would say “Let go and let God.” Your choice, but that’s the idea folks.

These are just words and concepts woven into a fabric that I find wears well on the mind as I grow older; and also, it sees me at the helm of being useful for as long as life lasts.

“As Bodhicitta is so precious,  
May those without it now create it,  
May those who have it not destroy it,  
And may it ever grow and flourish”

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